

# ESTABLISHMENT OF A HUMAN WHOLE BLOOD NLRP3 INFLAMMASOME ACTIVATION ASSAY FOR EVALUATING NOVEL INHIBITORS: ASSESSMENT OF CANNABIDIOL



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## Introduction

Inflammation is the process by which the immune system responds to pathogen and damage-associated stimuli, and one of the main biological processes through which this is achieved is activation of the inflammasome. Inflammasomes are multi-protein complexes that regulate the production of pro-inflammatory cytokines in response to a wide range of stimuli. One of the best studied of these inflammasomes is the nucleotide-binding and oligomerization domain and leucine-rich repeat-containing pyrin domain containing 3 (NLRP3) inflammasome, which is classically activated by a two-step process involving sequential inflammatory stimuli, leading to the activation of caspase-1 and production of IL-1 $\beta$  and IL-18. Cannabidiol (CBD) is a phytocannabinoid with a number of reported therapeutic benefits including anti-inflammatory, antioxidant and immunomodulatory activities<sup>1</sup>. Recently, it has been reported that CBD is capable of inhibiting the NLRP3 inflammasome in human THP-1 monocytes through modulation of the P2X7 receptor<sup>2</sup>. The NLRP3 inflammasome has been shown to be activated in a number of inflammatory disorders, thus, inhibition of NLRP3 constitutes a useful therapeutic target for the attenuation of inflammation in diseases such as Parkinson's and Alzheimer's disease. Here, we established a human whole blood model of inflammasome activation and investigated the NLRP3-inhibitory potential of CBD.

## Methods

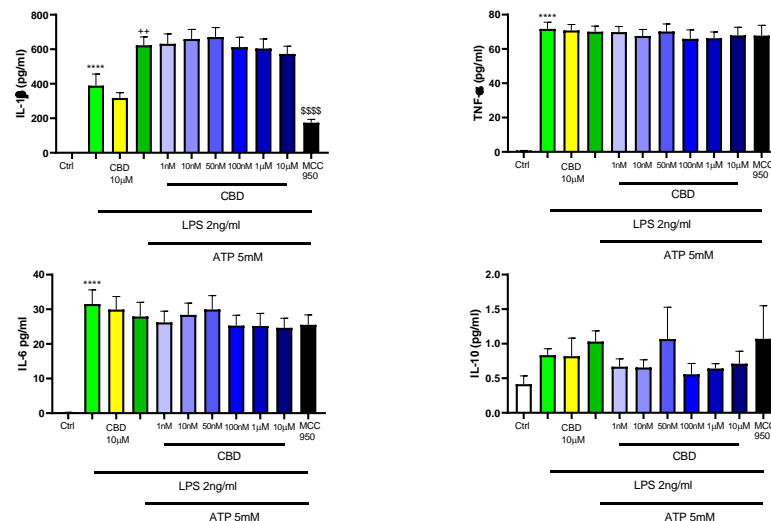
- Whole blood obtained from n=6 healthy donors
- 3 hours LPS 2ng/ml stimulation
- 30 minutes of vehicle, MCC950 NLRP3 inhibitor or CBD treatment
- 30 minutes of vehicle/5mM ATP treatment
- Whole blood supernatant levels of IL-1 $\beta$ , TNF- $\alpha$ , IL-6 and IL-10 measured using Meso Scale Diagnostics assay



## Results

- ❑ Significant increase in IL-1 $\beta$ , TNF- $\alpha$  and IL-6 observed following LPS alone
- ❑ IL-1 $\beta$  further significantly increased with ATP treatment, which is potently reduced by MCC950
- ❑ No significant effect of CBD at any concentration for any of the cytokines measured

## Results



### The effect of cannabidiol on LPS and ATP-mediated NLRP3 inflammasome activation

A significant increase in the expression of IL-1 $\beta$ , TNF- $\alpha$  and IL-6 was observed following LPS stimulation alone (P<0.0001). IL-1 $\beta$  was further increased by ATP treatment (P<0.01). MCC950 was found to significantly reduce IL-1 $\beta$  release following LPS and ATP treatment (P<0.0001). There was no significant effect of CBD treatment at any concentration for any of the cytokines measured. Data was analysed using One-Way ANOVA and Fisher's LSD post-hoc test, data presented as mean  $\pm$  SEM

## Conclusions

- LPS/ATP co-stimulation of human whole blood is a robust model of NLRP3 inflammasome activation that is **potently suppressed** by the specific NLRP3 inflammasome inhibitor **MCC950**
- CBD had **no significant effect** on LPS/ATP-induced NLRP3 activation and subsequent IL-1 $\beta$  release at the time points and concentrations selected
- Future experiments will focus on **increasing CBD concentration** and assessing the efficacy of CBD in isolated immune cell populations such as PBMCs to assess the potential **effect of plasma-protein binding** of CBD in whole blood on CBD anti-inflammatory efficacy

## References

- <sup>1</sup>Atalay S, Jarocka-Karpowicz I, Skrzydlewska E. Antioxidative and Anti-Inflammatory Properties of Cannabidiol. *Antioxidants (Basel)*. 2019;9(1):21. Published 2019 Dec 25. doi:10.3390/antiox9010021
- <sup>2</sup>Liu C, Ma H, Slitt AL, Seeram NP. Inhibitory Effect of Cannabidiol on the Activation of NLRP3 Inflammasome Is Associated with Its Modulation of the P2X7 Receptor in Human Monocytes. *J Nat Prod*. 2020 Jun 26;83(6):2025-2029. doi: 10.1021/acs.jnatprod.0c00138. Epub 2020 May 6. PMID: 32374168.